



NORTHENDEN COMMUNITY SCHOOL : SCHOOL MEALS MENU

Updated
22/04/2017

WEEK 1 : Weeks beginning 1st May, 22nd May

Choice	Monday (Meat Free)	Tuesday	Wednesday	Thursday	Friday
Cook's Choice 1	Cheese whirl with homemade tomato sauce & chips	Baked Sausages & onion gravy with creamed potatoes	Tandoori Chicken with sunshine vegetable rice	Homemade lamb curry with Naan bread	Lemon & Herb Hoki with roast potatoes & broccoli
Cook's Choice 2 Vegetarian	Vegetarian Bolognese with wholemeal spaghetti	Spanish omelette & creamed potatoes	Chickpea & potato curry	Shepherdess pie with sliced malted bloomer	Veggie balls & gravy
Cook's Choice 3	Jacket Potato with a choice of vegetarian fillings	Pasta with tomato & herb sauce	Hot sandwich special	Pasta with bolognese sauce	Jacket potato with a choice of fillings
Potato or sandwich filling	Cheese savoury beans or cheese		Pulled pork or Veggie sub		Tuna, cheese or beans
Fruit and Salad	Mixed fruit Salad Bar	Mixed fruit Salad Bar	Mixed fruit Salad Bar	Mixed fruit Salad Bar	Mixed fruit Salad Bar
Dessert	Peach melba or fruit & Yogurt	Fruity flapjack or fruit & yogurt	St Clements cupcake or fruit & yogurt	Fruit salad with mango frozen yoghurt	Apple & cinnamon swirl



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WEEK 2 : Weeks beginning 8th May

Choice	Monday (Meat Free)	Tuesday	Wednesday	Thursday	Friday
Cook's Choice 1	Vegetable Quiche with creamed potatoes peas & sweetcorn	Roast dinner & gravy roast potatoes cauliflower & carrots	Chicken tikka curry with sunshine rice	Meatballs in tomato sauce with wholemeal spaghetti	Harry Ramsden's fish fillet with chipped potatoes & mushy peas
Cook's Choice 2	Pasta with Neapolitan Sauce	Quorn sausage & gravy roast potatoes cauliflower & carrots	Caribbean quorn with sunshine rice	Cheese & potato pie with mixed vegetable	Vegetable curry
Cook's Choice 3	Vegetarian hot sandwich Special	Pasta with tomato & herb sauce	Jacket potatoes with a choice of fillings	Filled Baguette selection	Jacket potatoes with a choice of fillings
Potato or sandwich filling	Beans & quorn sausage, cheese or beans		Beans, tuna or cheese	Bacon lettuce & tomato, ham or tuna	Vegetable curry, cheese or beans
Fruit and Salad	Mixed fruit Salad Bar	Mixed fruit Salad Bar	Mixed fruit Salad Bar	Mixed fruit Salad Bar	Mixed fruit Salad Bar
Dessert	Ice Cream and fruit	Chocolate & mandarin cake bar	Cheese & crackers with apple & cucumber sticks	Fruit jelly & peaches	Strawberry shortcake



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WEEK 3 : Weeks beginning 15th May

Choice	Monday (Meat Free)	Tuesday	Wednesday	Thursday	Friday
Cook's Choice 1	Homemade margherita pizza, baked jacket wedges with mini corn on the cob	Cottage pie, beetroot & carrots with sliced baguette	Chilli con carne with vegetable brown rice	Homemade chicken curry with brown rice	Cod & salmon grill & lemon mayo dip with creamed potatoes, carrots & green beans
Cook's Choice 2	Veggie chilli con carne	Pasta with bolognese sauce	Hoki fillet in homemade sauce with vegetable brown rice	Vegetarian sausage roll & homemade tomato sauce with chips	Cheese omelette
Cook's Choice 3	Pasta with tomato & herb sauce	Filled sandwich selection	Jacket potato choice of filling	Hot sandwich special	Pasta with Neapolitan sauce
Potato or sandwich filling		Egg, ham or cheese	Curried beans, salmon & tuna or cheese	Cheese & tomato or pulled pork	
Fruit and Salad	Mixed fruit Salad Bar	Mixed fruit Salad Bar	Mixed fruit Salad Bar	Mixed fruit Salad Bar	Mixed fruit Salad Bar
Dessert	Chocolate artichoke roll & fruit cocktail	Lemon iced finger	Fruity cookie with orange wedges	Strawberry & kiwi mousse	Cheese & crackers with apple & cucumber sticks