

WINTER/SPRING MENU 2017/18



Meat Free Monday

Traditional Tuesday

World Food Wednesday

Thursday Favourites

Fish Friday

Week 1

Vegetable Bolognese
Cheese Whirl
Vegetarian Jacket Potato Selection
Wholemeal Spaghetti
Chipped Potatoes
Mixed Vegetables
Tutti Frutti Yoghurt

Baked Sausages, Yorkshire Pudding & Onion Gravy
Spanish Omelette
Tomato & Herb Pasta
Mashed Potatoes, Baguette
Cabbage & Carrots
Chocolate & Mandarin Dessert

Tandoori Chicken
Chickpea & Tomato Curry
Hot Sandwich Special
Baked Jacket Wedges
Mini Corn on the Cob
Parsnip & Apple Sponge with Custard

Beef Stew & Dumplings
Vegetable Cobbler
Pasta Bolognese
Sliced Bloomer
Beetroot & Carrots
Fruit Salad with Mango
Frozen Yoghurt

Fish Fingers
Veggie Balls & Gravy
Jacket Potato Selection
Mashed Potatoes
Garden Peas
Jelly & Fruit

Week 2

Vegetable Quiche
Neapolitan Pasta
Jacket Potato Selection
Mashed Potatoes
Peas & Sweetcorn
Fruit Salad with Strawberry Yoghurt

Roast Chicken Dinner & Gravy
Quorn Sausages & Gravy
Tomato & Herb Pasta
Mashed Potatoes
Carrot & Swede
Chocolate & Pear Sponge with Custard

Chicken Tikka Curry
Homemade Pizza Slices
Hot Sandwich Special
Sunshine Rice
Broccoli
Baked Beans, Coleslaw
Cheese & Crackers with Apple & Cucumber Sticks

Meatballs in Tomato Sauce
Veggie Chilli con Carne
Filled Baguette Selection
Wholemeal Spaghetti
Brown Rice
Mixed Vegetables
Fruit & Dessert Selection

Bubble Fish Fillet
Vegetable Curry
Jacket Potato Selection
Chipped Potatoes
Garden Peas
Carrot & Pineapple Blondie

Week 3

Homemade Margherita Pizza
Vegetable Frittata
Tomato & Herb Pasta
Baked Jacket Wedges
Mini Corn on the Cob
Fruit Salad & Ice Cream

Cottage Pie
Michelle's Mac 'n' Cheese
Jacket Potato Selection
Sliced Baguette
Beetroot & Carrots
Cheese & Crackers with Carrot & Cucumber Sticks

Chicken & Vegetable Pie & Gravy
Vegetarian Sausage Roll
Tomato & Mascarpone Pasta
Chipped Potatoes
Mixed Vegetables
Oat Crunchie with Fruit Slices

Lasagne
Popeye's Super Spaghetti
Homemade Soup & Sandwich Selection
Garlic Flavoured Bread
Broccoli
Chocolate Whip with Fruit

Tandoori Salmon
Cheese Omelette
Jacket Potato Selection
Sunshine Rice
Mashed Potatoes
Carrots & Peas
Fruit Sponge with Custard

The Fresh Fayre Gang - making your school dinners taste great!

Northenden Primary