# Want to find out more?

Visit your local

library for more

information

and access to

the internet

For more

information and

support, you could try

talking to your:

• CHILD'S TEACHER

SCHOOL NURSE

• GP

ਇਸ ਪੂਰਜੇ ਦੀ ਕਾਮੀ ਪੰਜਾਬੀ ਵਿਚ ਲੋਣ ਲਈ

ਰਿਰਪਾ ਕਰਕੇ 'ਚਿਲਡਰਨਜ਼ ਇਨਫਰਮੇਸ਼ਨ

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ਸਰਵਿਸ' ਨੂੰ 0800-083-7921 ਤੇ ਫੋਨ ਕਰੋ

اللحصوال على هذه المنشورة باللغة العربية الرجاء

Si aad ku hesho nusqada warqad yarahan iyadoo

الطفا برای دریائت این جلوه به زیان فارسی با سرویس اطلاعات کودکان

(Children's Information Service) يە ئىسار ، 1921 0800 ئىسلى باگىرىنى

الإتصال بالهاتف بدائرة معلومات الأطفال على

af Soomaali ah fadlan telefoon u dir Adeega

Warbixinta Caruurta ee 0800 083 7921

# • Manchester Children's Information Service

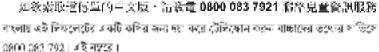
- 0800 083 7921
- www.manchester.gov. uk/children/parents
- for copies of tip sheets and other leaflets, parenting courses and local services/events
- Parentlineplus 0808 800 2222
- www.parentlineplus.org.uk
- www.bbc.co.uk/parenting
- www.parentscentre.gov.uk
- School Attendance
- Improvement Service
- Advisory Centre for Education
- 0808 800 5793
- www.ace-ed.org.uk

In this leaflet, the term 'parent' includes carers, such as grandparents, foster carers or step-parents



Manchester NHS Primary Care Trust

This tip sheet is one of a range of resources produced as part of Manchester's Parenting Strategy.



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# TIP SHEET FOR PARENTS OF 3-11 YEAR OLDS

# Getting your child to school

One of the most important things you can do for your child's future is make sure they **go to school.** 

Missing school means **missing out** on learning and social life. The more they miss, the harder it is to go back.

Children avoid school for many reasons.

Help them **deal with problems** now and you will help them grow up strong and confident – so they can **learn** and **achieve**.

KNOW THE LAW! If your child is between 5 and 16 years old and is a registered pupil at a school, it is your legal responsibility to make sure they attend regularly.

## Why does school matter?

#### LEARNING

It's very important for your child to go to school regularly and on time when they are in primary school. If they miss lessons they don't learn vital skills – and it's hard for them to enjoy school and keep up with classmates.

#### LOSING CONFIDENCE

Children need confidence to achieve. Feeling like a failure makes them unhappy in school and out of it. If your child has any learning difficulties they need to be in school - so problems get noticed and they get help.

#### **FRIENDS & SOCIAL LIFE**

Friends are important to children. School is a place for them to learn about getting on with other people. If a child misses a lot of school it's hard for them to fit in with their group of friends.

#### • SIGNS OF UNHAPPINESS

- being quiet or behaving badly before school
- often saying they feel ill
- not talking about school
  - changes in
    friendships

#### REASONS FOR NOT WANTING TO GO TO SCHOOL

- problems with
- friends and bullying
- difficulties with
- learning
- worries about
- problems at home
- fear when starting
- a new school

#### SAFETY

wait for them

to tell you what's wrong.

If you let your child stay off school now, they are unlikely to go regularly when they get to secondary school.
 n. Children and young people out of school are vulnerable. If you want your child to be safe later on, get them into the habit of going to school now.

## Working with your child's school

#### **A UNITED FRONT**

Listen to your child about problems at school. Take them seriously – but don't criticise members of staff. Your child will feel more secure if they know you are working together with school to support them.

#### **KEEP IN TOUCH!**

Don't be afraid to contact school about your child's needs - or other issues. Tell them about any problems at home which

may affect your child. Good communication between you and the school is good for your child.

He'll do wything to He'll do wything to get me to school. get me to school. Giddy up, Dad!

#### **HEALTH PROBLEMS**

If your child is ill, make sure you tell school on the first day they are absent.

If they have a long absence, ask for help to make sure they catch up what they have missed.



## **Develop good habits**

• **Expect** them to go to school every day and get them there on time.

• They need **plenty of sleep** on school nights. Stick to a sensible bedtime.

• **Don't** let them watch telly, use the computer or play out just before bedtime.

• **Sort out** clothes and school bag in the evening. Help them do it for themselves as they get older.

