



NORTHENDEN COMMUNITY SCHOOL : SCHOOL MEALS MENU

WEEK 1

Updated
04/04/19

Choice	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Cook's Choice 1	Homemade pizza with jacket wedges and corn on the cob	Chicken curry with vegetable rice and tomato salsa	Chilli con carne with garlic bread and green beans	Roast beef with roast & mashed potatoes and broccoli	Salmon and sweet potato fishcake with chips and peas
Cook's Choice 2	Veggie balls in tomato sauce with jacket wedges and corn on the cob	Quorn & vegetable stir-fry with vegetable rice and tomato salsa	Vegetarian sausage roll with garlic bread, green beans and tomato sauce	Hot filled Tortilla boat with beans and cheese	Sweet chilli Quorn noodles and peas
Cook's Choice 3	Jacket Potato with a choice of fillings	Pasta in tomato & basil sauce	Sandwich selection	Pasta in Bolognese sauce	Jacket potato with a choice of filling
Potato or sandwich filling			Ham, cheese or egg mayonnaise		
Fruit and Salad	Mixed fruit Salad Bar	Mixed fruit salad bar	Mixed fruit salad bar	Mixed fruit salad bar	Mixed fruit salad Bar
Dessert	Jelly & fruit	Cheese and crackers with carrot and cucumber sticks	Oat crunchie with fruit slices	Peach melba	Fruit sponge with custard



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WEEK 2

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Choice	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Cook's Choice 1	Cheese and onion pie with wedges and garden peas	Sausage with Yorkshire pudding in gravy with mashed potato and carrot and swede	Tandoori Chicken with sunshine rice and mixed vegetables	Stew and dumplings with sliced bloomer, beetroot and carrots	Fish fingers with chips and peas
Cook's Choice 2	Quorn sausage in gravy with jacket wedges and garden peas	Quorn curry with mashed potatoes, carrot and swede	Cheese whirl with sunshine rice and mixed vegetables	Chickpea and tomato curry with sliced bloomer, beetroot and carrots	Quorn Biryani with peas
Cook's Choice 3	Jacket potato with a choice of filling	Hot sandwich special	Pasta in mascarpone sauce	Sandwich selection	Pasta in Bolognese sauce
Potato or sandwich filling		Cheese and tomato, ham, or cheese		Ham, Cheese or Egg mayonnaise	
Fruit and Salad	Mixed Fruit Salad Bar	Mixed Fruit Salad Bar	Mixed Fruit Salad Bar	Mixed Fruit Salad Bar	Mixed Fruit Salad Bar
Dessert	Mango frozen yoghurt with seasonal fruit	Chocolate and pear sponge with custard	Jelly and fruit	Fruit kebab	Shortbread bite with fruit



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WEEK 3

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Choice	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Cook's Choice 1	Homemade pizza with diced potatoes and mixed veg	Tempura fish goujons with mashed potatoes and peas	Roast pork with roast and mashed potatoes cabbage and carrots	Lasagne with garlic bread and sweetcorn	Homemade chicken pie with crusty baguette and green beans
Cook's Choice 2	Quorn bites with diced potatoes and mixed vegetables	Veggie chilli con carne with mashed potatoes and peas	Hot filled Tortilla boat with Quorn sausage and beans	Cheese flan with garlic bread and sweetcorn	Tandoori Quorn with crusty baguette and green beans
Cook's Choice 3	Jacket potato with a choice of filling	Hot sandwich special	Jacket potato with a choice of filling	Sandwich selection	Pasta in tomato & basil sauce
Potato or sandwich filling		Pulled pork or cheese and tomato		Ham, cheese or egg mayonnaise	
Fruit and Salad	Mixed Fruit Salad Bar	Mixed Fruit Salad Bar	Mixed Fruit Salad Bar	Mixed Fruit Salad Bar	Mixed Fruit Salad Bar
Dessert	Fruit with ice cream	Homemade muffin	Parsnip and apple cake with custard	Fruit salad with blueberry frozen yoghurt	Cheese and crackers with carrot and cucumber sticks