



Important Words

What does this word mean?

bullying

We might use the word 'bullying' to describe when somebody is **intentionally** mean or unkind, more than once, to another person.

What type of actions might we think of when we talk about bullying?

Whole Class

Important Words



What does this word mean?

cyberbullying



We might use this word to describe when someone uses **digital technology** to be intentionally mean or unkind to someone more than once.

Spot It



Read the following situations and decide if they are examples of cyberbullying.

Cyberbullying

- Something is being done **intentionally**.
- The person being unkind **knows** that they are upsetting the other person, but does it anyway.
- It usually happens more than once or lasts a long time (not always).
- It uses any type of online/digital communication (e.g. email, text, social media, apps, message boards, etc.).



Not Cyberbullying

- Something hurtful was done **by accident**.
- The person that was unkind might not know that they have upset someone.
- Someone has said something unkind as a one-off comment but it is not repeated.
- Online communication hasn't been used to be unkind.



Spot It



You receive an unkind message from a stranger playing an online game with you:



Spot It



You find out that lots of your friends are in a group chat and have all been saying unkind things about you in it.



Spot It



At school, some children are making fun of you because of your profile picture on a kids' game site.

