

Top Tips for Surviving Secondary School!



Be prepared!

Look at your timetable and make sure you know where to go and when.



Be organised!

Make sure you have the right books and equipment with you for each lesson.

Teachers won't expect you to get every answer right, but they will be impressed if you try your best and 'have a go' at learning new things.



Be enthusiastic!



Be brave!

It might seem hard to make new friends, but everyone is feeling the same way. Say hello!



Be resilient!


Sometimes things won't go your way - they will be difficult or unfair or embarrassing. This is normal and happens to everyone, so don't worry. Just say to yourself, 'tomorrow's another day'...

If someone else seems to be having a hard time, try to help. This is a good way to make friends and hopefully they will return the favour.



Be kind!

If you do something wrong or forget something, it's much better to own up straight away.



Be yourself!

Believe in yourself! You can do it!



Be honest!