

1 Paula Radcliffe had to endure bouts of asthma.  
What does **endure** mean? Tick **one** box.

**avoid**

**put up with**

**control**

1 mark

2 The diary writer, Maria, uses the word **hopefuls**. Who are they?

.....

2 marks

3 Find and write down a word from the diary that means **great joy**.

.....

1 mark

4 What did Paula Radcliffe do when she decided to take up running seriously?

.....

.....

2 marks

5 Where did Paula Radcliffe set the women's world record for the marathon?

.....

2 marks

6 What evidence is there that shows that, at the age of 12, Paula Radcliffe was getting better and better at running?

.....  
.....

2 marks

7 How would **anaemia** affect Paula Radcliffe's chances of becoming a long-distance runner?

.....  
.....  
.....

2 marks

8 What is the main idea in the **2<sup>nd</sup> paragraph** of the information about Paula Radcliffe?

.....  
.....  
.....

2 marks

9 Would you say that the writer of the diary is superstitious? Explain your answer.

.....  
.....  
.....

2 marks

10 "Once I started to run, I relaxed."  
Why do you think Maria says this?

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.....  
.....

3 marks

11 Why do you think that Maria mentions Paula Radcliffe?

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.....

3 marks

12 Do you think Maria is likely to run another marathon in the future?  
Explain your answer.

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.....  
.....

2 marks

13 In the **last paragraph** of her diary, Maria says, "I told myself 30 more minutes, 20 more minutes, 10..."  
What effect does this have on the reader?

.....  
.....  
.....

2 marks

14 Find and write down **two** of the words or phrases used in the diary to describe the pain the writer feels at one point in the race.

1) .....

2) .....

2 marks

15 The first text is part of a biography. The second is from a diary. If you weren't told this, how would you be able to tell?

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.....  
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.....  
.....

2 marks

END OF TEST 4